HOW TO TIDY THE 'KONMARI' WAY

- 1. START BY DISCARDING
- 2. TIDY BY CATEGORY: LAY IT ALL OUT
- 3. TIDY IN THE RIGHT ORDER
- 4. THANK YOUR THINGS AS YOU DISCARD
- 5. DESIGNATE A SPACE FOR EACH ITEM



CATEGORIES CHECKLIST

CLOTHES	☐ Tops (shirts, sweaters, etc) ☐ Bottoms (pants, skirts, etc) ☐ Clothes that should be hung (jackets, coats, suits, € ☐ Socks	CLOTHES etc.)
BOOKS	 Underwear Bags (handbags, messenger bags, etc) Accessories (scarves, hats, belts, etc) Clothes for specific events (swimsuits, uniforms, e Shoes 	tc)
PAPERS	☐ General (books you read for pleasure) ☐ Practical (references, cookbooks, etc) ☐ Visual (photograph collections, etc) ☐ Magazines	BOOKS
MISC.	CDs, DVDs Skincare products Makeup Accessories Valuables (passports, credit cards, etc) Electrical equipment and appliances (digital camer Household equipment (stationery, sewing kits, etc Household supplies (medicine, detergents, tissues) , etc)
MEMENTOS	Kitchen goods/food supplies (spatulas, pots, blendOther (spare change, figurines, etc)Any hobby-related activities (skiing, golfing, etc)	ers, etc)

