HOW TO TIDY THE ‘KONMARI’ WAY

1. START BY DISCARDING
2. TIDY BY CATEGORY: LAY IT ALL OUT
3. TIDY IN THE RIGHT ORDER
4. THANK YOUR THINGS AS YOU DISCARD
5. DESIGNATE A SPACE FOR EACH ITEM

DOES THIS SPARK JOY?

CATEGORIES CHECKLIST

- CLOTHES
  - Tops (shirts, sweaters, etc)
  - Bottoms (pants, skirts, etc)
  - Clothes that should be hung (jackets, coats, suits, etc)
  - Socks
  - Underwear
  - Bags (handbags, messenger bags, etc)
  - Accessories (scarves, hats, belts, etc)
  - Clothes for specific events (swimsuits, uniforms, etc)
  - Shoes

- BOOKS
  - General (books you read for pleasure)
  - Practical (references, cookbooks, etc)
  - Visual (photograph collections, etc)
  - Magazines

- PAPERS

- MISC.
  - CDs, DVDs
  - Skincare products
  - Makeup
  - Accessories
  - Valuables (passports, credit cards, etc)
  - Electrical equipment and appliances (digital cameras, cords, etc)
  - Household equipment (stationery, sewing kits, etc)
  - Household supplies (medicine, detergents, tissues, etc)
  - Kitchen goods/food supplies (spatulas, pots, blenders, etc)
  - Other (spare change, figurines, etc)
  - Any hobby-related activities (skiing, golfing, etc)

MEMENTOS

Read the blog post: http://lavendaire.com/tidy-konmari